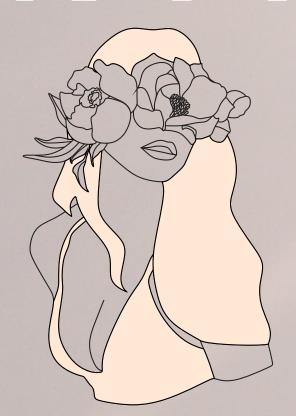


MOTHERING SURRENDER

helping the conscious mother relinquish control, heal, and find inner peace



WHAT TO EPECT

each day you wll receive 4
new mantras written and on
audio. You can print these
off at the end of the 7
days. Repeat these mantras
3+ times a day for best
results <3



My child's
emotions deserve
my grace no
matter how big of
an emotion
they're having



I speak my
intuition and
listen with my
heart when I'm
dealing with my
child's emotions



My child's emotions are safe with me



I choose to have the wisdom to communicate with my child easily